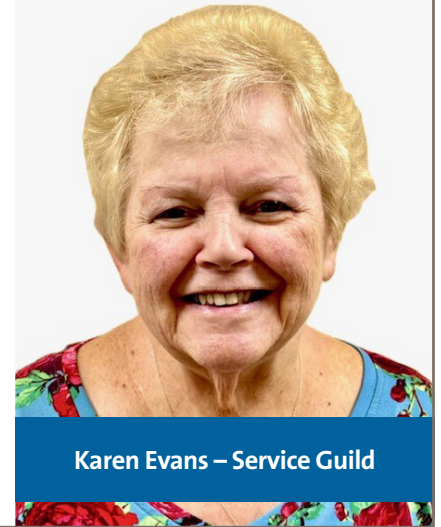


Friend Friend

VOLUNTEER NEWSLETTER AUGUST 2024



A Note from Jenny

With our Summer Jr. Volunteers getting ready to head back to school, and with summer definitely dwindling down I am sure this is the time when you might find yourself looking for something creative to do a little closer to home. Yes, you definitely don't want summer to come and go without even a brief getaway! Besides, remember it's important to be sure to take time to enjoy you! However, if for some reason you can't find the time to get away, perhaps just some quiet time while treating yourself to a good book, a nice movie or anything else that you get enjoyment from would make for a perfect day, sort of like a "daycation." Speaking of "daycation" ideas, I would think possibly a movie with the volunteers on August 2nd could count – what do you think – lol!

Nonetheless, it's hard to believe how fast summer has flown, so as our Summer Jr. Volunteers say



their "goodbyes," I would like to express my sincere "thanks" to you for your support. I hoped for a successful summer volunteer program – and I certainly got my wish, as our summer volunteers have grown and learned so much thanks to you and our wonderful staff. In my opinion, I believe they

created some memorable moments here at SOMC that will last a lifetime!

In closing, just keep in mind that rest is not idleness, and to lounge sometimes outside on a summer day listening to the murmur of water, or watching the clouds float across the sky, is hardly a waste of time! So enjoy what summer there is among us, as winter will be here before we know it.

In closing, here's wishing you a fabulous "end of summer" spent just the way you like it, whether it is full of family picnics, exciting events or reeling in a few fish from the lake – just enjoy!

Hugs & Smiles!



Jenny Lavender,
Manager Volunteer Services

Guild News

Any Guild news for the next months newsletter needs turned into the Volunteer Office before the 15th of the month. Call 740-356-8234.

The **Scioto Guild** will recess for August and reconvene in September 2024.

The **Service Guild** will recess for August and reconvene in September 2024.

The **Pleasure Guild's** next meeting will be held on Thursday, August 1st at 1:00 p.m. at Mex-Itali Restaurant, which is located at 850 OH-239 in West Portsmouth.

The **Hope Guild's** next meeting will be on August 9th at 1:00 p.m. at Ponderosa Steakhouse, which is located at 8801 Ohio River Road in Wheelersburg.

The **Pediatric Guild's** next meeting will be held on Wednesday, August 14th at 12:00 p.m. at Patties & Pints, which is located at 546 Second Street in Portsmouth.

The **Kardia Guild** will meet on August 15th at 12:00 p.m. in the Braunlin Conference Center – Room D, which is located on the Main Campus.



Sandy Cable & Lorraine Fraley – Hope Guild Shoe Sale



Lydia Bell & April Eick – Hope Guild Shoe Sale



Donna Gregory, Karen Wood and Joyce Payton with Jenny Lavender – Kardia Guild Business Meeting



Sherri Adams – MSCU

Volunteers in Action

“Our fingerprints don’t fade from the lives we’ve touched.”

Have You Completed Your Volunteer Required Education?

If you have not yet completed your required annual training packet forms please review and return the TB Questionnaire, Acknowledgement & Receipt and Student/Non-Employee Acknowledgment Form as soon as possible to the Volunteer Office so that all volunteer information is up-to-date and in compliance for the year. If you should have any questions please feel free to contact the Volunteer Office at 740-356-8234.

Volunteer Services is NOW on Facebook!

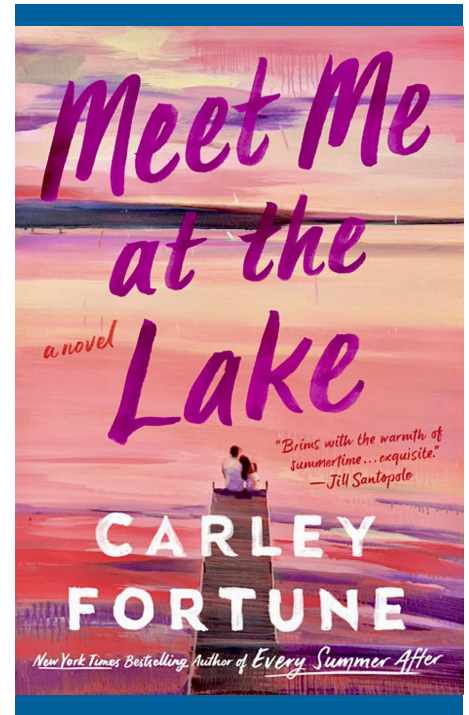
Volunteer Services is happy to announce there is a new Facebook page that offers the latest news and updates from Southern Ohio Medical Center's Volunteer Services and Gift Gallery – so be sure and “Like” us, as we are now posting photos that are sure to make you smile, volunteer information, as well as new and exciting merchandise arriving to the SOMC Gift Gallery! Simply head to: <https://www.facebook.com/SOMCVolunteers/>

facebook

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SOMC Life Center

Just a reminder - All ACTIVE SOMC Volunteers qualify for an employee rate membership at all three convenient locations (Portsmouth, Lucasville, and Wheelersburg) of the SOMC LIFE Center! Each gym has been fully renovated and stocked with new equipment, and with the LIFE Center family excited to help you in your journey to wellness as well! For further information feel free to contact the Volunteer Office at 740-356-8234.



August Birthdays

- 8/5 Todd Pelphrey
- 8/8 Sandra Hall
- 8/8 Alyce Ann Noel
- 8/17 Alberta Scherer
- 8/18 Collin Coriell
- 8/20 Ian Lavender
- 8/21 Laura Roberts
- 8/22 Janet Evans
- 8/24 Diane Dalton
- 8/28 Irene Blankenship
- 8/28 Chuck Kurtz

NEW Volunteers

- Patty Warner
- Bane Sylvia
- Karen Glaze
- Makenna Walker
- Haley Conklin

Volunteer Book Club

The book chosen to discuss in August is "Meet Me at the Lake" by Carley Fortune, and members are scheduled to discuss the title on August 17th at Hill View. If you are planning to attend please contact the Volunteer Office to RSVP at 740-356-8234.



Knit For Hope

Knitters and crocheters of all skill-levels are invited to get-together for an evening of fun, food and the support of a good cause, as part of the "Knit for Hope" volunteer program at SOMC. The next get-together is scheduled for Tuesday, August 27th from 5:00 – 7:00 p.m. at Wolford's Landing Campground, which is located at 6888 Front Street in Sciotoville. Finished products will be donated to the SOMC Cancer Center and Hospice. For further information or to RSVP please contact the Volunteer Office at 740-356-8234.

What's on the Menu



Cinnamon Dessert Nachos

These decadent nachos are exactly what you need to wrap up a delicious dinner or even a fun get-together!

Ingredients

- » 2 tablespoons granulated sugar
- » 2 tablespoons butter, melted
- » 2 teaspoons ground cinnamon
- » 1 cup vanilla ice cream
- » 4 flour tortillas (6 inch)
- » 1/4 cup chocolate, warmed

Preheat oven to 425°F. Combine sugar and cinnamon in a small bowl and set aside. Brush both sides of tortillas with butter; cut each tortilla into 8 wedges. Place on foil-lined baking sheet; sprinkle both sides of wedges with cinnamon sugar mixture and bake for 5 minutes on each side or until crisp. Divide chips between 4 plates; top with ice cream and drizzle with melted chocolate or chocolate syrup. Serve immediately and enjoy!

ANNOUNCEMENTS

- » If you are unable to make your scheduled commitment, please contact the Volunteer Office at 740-356-8234. There is an answering machine, so if you are calling after hours, please leave a message.
- » Summer Jr. Volunteer program ends August 2
- » Volunteer Movie Matinee – August 2nd – 1pm – Braunlin Conference Center
- » Scioto County Fair, August 5 – 10
- » Volunteers are being sought for the following locations: Gift Gallery, Laundry, Human Resources, Same Day Surgery, Outpatient Rehab, Heart & Vascular and Hospice
- » August Curbside – August 16 – 11:30am – 1:00 p.m. – Wolford's Landing
- » Volunteer Book Club – August 17 – Hill View – 12pm
- » Knit for Hope – August 27 – Wolford's Landing – 5pm
- » Make sure you are turning in your volunteer time!
- » Have a good volunteer story or news that we can share? If so, then be sure and drop it by the Volunteer Office or e-mail to: lavendej@somc.org



Happiness Served-Up in a Cone

“Two of life’s greatest treasures...friends and ice cream!” On July 19th the Volunteer Office served up delicious drumsticks and smiles to their volunteers to enjoy during the annual Volunteer Ice Cream event. This fun occasion is another enjoyable opportunity to show our appreciation to our wonderful SOMC volunteers! There is no doubt that ice cream is sweet, but truly not as sweet as our SOMC Volunteers!

Afternoon Movie Matinee Returns

On Friday, August 2nd at 1:00 p.m. it’s a Volunteer Movie Matinee, complete with soda and popcorn and no admission fee! Yes, we will be showing “If” in the Braunlin Conference Center – Room D (Park in Blue Garage – when entering the elevator push the button that says “LL.” When the doors open the conference center will be down the hall on the left). This adventurous and heartwarming story starring Ryan Reynolds and an ensemble cast of voices from Steve Carrell, Louis Gossett Jr., George Clooney, and many more is sure to be enjoyed by all in attendance, regardless of age. If you find yourself interested in attending this entertaining get-together please contact the Volunteer Office at 740-356-8234 and reserve your seat, as **space is limited!**



Guild Fundraising

The Pleasure Guild will host their popular “Masquerade” sale, where EVERYTHING IS \$5.00 on August 6th – 7th from 7:30 a.m. – 3 p.m. (both days) in the Waller/ED Corridor on the Main Campus.

Mary’s Spirit Shop will host their popular Back-To-School Sale at their store location, which is located at 2109 Gallia Street, Portsmouth, August 14th – 16th, between the hours of 10:00 a.m. – 5:00 p.m. When your back-to-school list includes shopping for spirit gear this is one sale you won’t want to miss!

The Kardia Guild will host their much anticipated “Scrub Sale” August 26th – 27th in the Waller/ED Corridor from 7:30 a.m. – 4:00 p.m., both days. This exciting sale offers a huge selection of quality uniforms, including tops, pants, jackets and shoes – so make sure to come early!



SOMC Guild Members – Save The Date

SOMC Guild Members, just a reminder that the Fall Guild Luncheon & Dessert Auction will take place on Friday, October 4th in the Braunlin Conference Center at 12pm. Yes we are changing up the auction to sweeten the profits! This fun and entertaining event is sure to provide a wonderful time for all – great auction items, delicious food and guaranteed laughter – all to support our SOMC Guild’s fundraising efforts. If you find yourself interested in joining an SOMC Guild (Hope, Kardia, Pediatric, Pleasure, Scioto, Service) – simply contact the Volunteer Office or any guild member for details!



Did You Know...

Yes, it was one small step for man, and one giant leap for hotdogs, as one of the first foods eaten on the moon by Neil A. Armstrong and Edwin E. “Buzz” Aldrin Jr. was a hotdog on their monumental mission.



Making Memories – One Curbside at a Time

To celebrate the end of summer and the great outdoors, Volunteer Services will be offering August’s curbside event with a camping theme at Wolford’s Landing on August 16th from 11:30 a.m. – 1 p.m. Simply drive through the campground, which is located at 6888 E. Front Street in Sciotoville to Jenny Lavender’s camper to enjoy fun and delicious camp-style cuisine! It’s Hotdogs, Chips, S’mores on a Stick, and a Beverage, as the Volunteer Café & Grill takes it on the road for an enjoyable and delightful adventure! For questions contact the Volunteer Office at 740-356-8234 prior to the event.



The Ultimate Comfort Gift is Available at the SOMC Gift Gallery

Warmies are the perfect gift for the young and not so young. Simply place one of these comforting stuffed animals into the microwave to warm up, then cuddle its weighted body while enjoying the scent of lavender. Additionally, you can freeze to use as an ice compress. Merely place the stuffed animal in a sealed freezer bag and place in the freezer for two to three hours. This is ideal for reducing temperatures, easing sprains, bruises and reducing swelling. For further information, just give us a call at 740-356-8360 or stop by. The Gift Gallery is open Monday – Thursday from 8 a.m. – 4 p.m. and on Fridays from 8 a.m. – 12 p.m.



SOMC Guilds Recognized

Along with an informational presentation by Jenny Lavender highlighting our SOMC Guilds (Hope, Kardia, Pediatric, Pleasure, Scioto Service) and our Volunteer Services program, Dave Fowler, Board President recognized our SOMC Guild Presidents individually for their outstanding contributions to the organization.





Adventure Awaits...

Members of the Pediatric Guild joined the Scioto County Library's Bookmobile for their last scheduled summer reading visit (July 18) at the main campus, as the guild dispersed health related dental bags to children who were visiting the SOMC Pediatric office. To coincide with the National Library's Summer Reading theme "Adventure Begins at Your Library," the Guild created their dental goody bags with an "ADVENTURE" theme too, adding safari vests, helmets and binoculars - which proved to be an absolute hit with the kids and parents. Thank you so much Pediatric Guild for all you do!

Save the Date

The SOMC 2024 Hospice Memorial Ride has been set for Saturday, September 14th. Proceeds for this particular event support the SOMC Caritas Fund, which supports both hospice patients and their families in their time of need. Stay tuned for more details coming soon!



Volunteer Services... At A Glance FY24

Statistically Speaking...

- » 324 Active Volunteers
- » In FY24 – 324 volunteers donated 24,939 hours = 12 FTE's approximately \$299,268.00
- » Volunteer Satisfaction Score for FY24: 3.7/4.0 scale
- » Volunteers at SOMC range from 16-101 years of age
- » Volunteers serve in over 20 locations

*Gift Gallery
Same Day Surgery
Heart & Vascular
Maternity
Life Center
Life Center Rehab
Podiatry & Orthopedic Office
SVCU
MSCU
PCU
Safety
Print Shop
Laundry
Warehouse
Dietary
Employee Health & Wellness
Cancer Center
Human Resources
Administration
Warehouse
Main Entrance Greeter (Valet)*

Helping people, changing lives...

- » Volunteers
- » Gift Gallery Staffing/ Purchasing/ Inventory
- » Guilds
- » Guild Fundraising
- » Jr. Volunteer Program
- » Shadowing Requests
- » Student Internships
- » Student Practicums
- » Pre-Med Students
- » Employee Uniform Voucher Program
- » Monthly Curbside Events (April – October)
- » Annual Volunteer CORE & Safety Awareness Education
- » Volunteer Book Club
- » Knit For Hope
- » Monthly Newsletter
- » Pawsitive Care Team



Membership Makes A Difference...

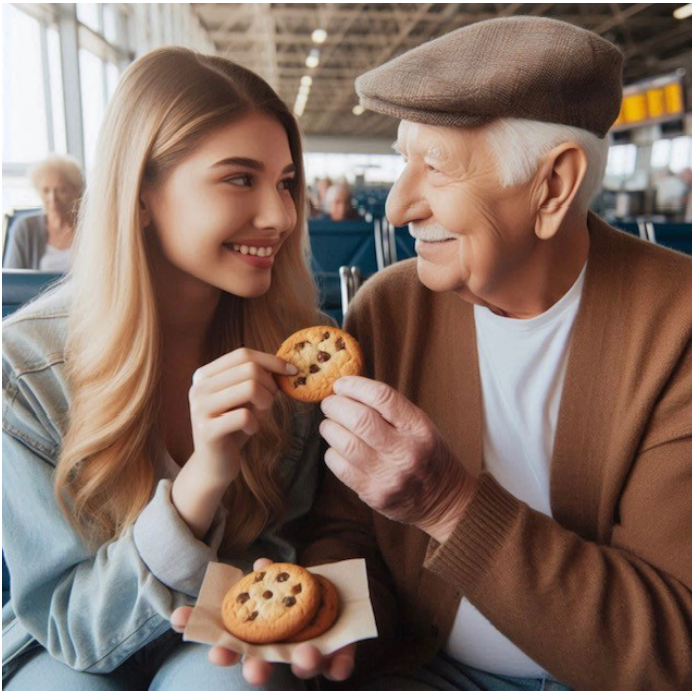
Hope | Kardia | Pediatric
Pleasure | Scioto | Service

It is with the sincere efforts of 89 Guild Volunteers working in conjunction with each other to continually focus on raising funds to support the patients and staff of Southern Ohio Medical Center.

Fundraising Results/Donation Overview...At A Glance

Hope | Kardia | Pediatric | Pleasure | Scioto | Service

FY	Number of Fundraising Sales	Commission Earned	Donations Requests Achieved
FY22	18	\$42,127.24	\$32,806.46
FY23	21	\$55,189.96	\$65,026.79
FY24	21	\$76,291.74	\$75,393.35



The Cookie Thief

A woman was waiting at an airport one night, with several long hours before her flight. She hunted for a book in the airport shops, bought a bag of cookies and found a place to drop. She was engrossed in her book but happened to see, that the man sitting beside her, as bold as could be. . .grabbed a cookie or two from the bag in between, which she tried to ignore to avoid a scene. So she munched the cookies and watched the clock, as the gutsy cookie thief diminished her stock. She was getting more irritated as the minutes ticked by, thinking, “If I wasn’t so nice, I would blacken his eye.”

With each cookie she took, he took one too, when only one was left, she wondered what he would do. With a smile on his face, and a nervous laugh, he took the last cookie and broke it in half. He offered her half, as he ate the other, she snatched

it from him and thought... oooh, brother. This guy has some nerve and he’s also rude, why he didn’t even show any gratitude! She had never known when she had been so galled, and sighed with relief when her flight was finally called. She immediately gathered her belongings and headed to the gate, refusing to look back at the thieving ingrate. She boarded the plane, and sank in her seat, then she sought her book. As she reached in her baggage, she gasped with surprise, there was her bag of cookies, right in front of her eyes! If mine are here, she moaned in despair, the others were his, and he tried to share. Too late to apologize, she realized with grief, that she was the rude one, the ingrate, the thief...

This story is a good reminder that it may be wiser to hold off judgments until we have a fuller understanding of situations. How often have we been certain about something, and then found out later we were mistaken?

Know Someone Interested In Volunteering?

If so, send your friends to our website at <http://www.somc.org/employee/volunteering/> so that they can learn about some of the volunteer opportunities that are available. They may also contact the Volunteer Office at 740-356-8234 or email to: lavendej@somc.org

If you would like to receive the newsletter electronically, please call the Volunteer Office with your e-mail address at **740-356-8234** or send an e-mail request to lavendej@somc.org

E-Mail Addresses Wanted Please help SOMC reduce paper waste by signing up for electronic delivery of this newsletter and other volunteer news. Your privacy is valued as e-mail address shall be used for internal purposes only and shall not be distributed to third parties. To sign-up contact the volunteer office at 356-8234 or email us and let us know you’d like to receive our newsletter at lavendej@somc.org
