

Friend Friend

VOLUNTEER NEWSLETTER DECEMBER 2023



Lilly Madden, Grace Ashley & Wyatt Crawford – Nutrition Services & Same Day Surgery

A Note from Jenny

What is the secret to finding happiness? In Pope Francis' words "If you take risks to achieve great things...doing things for others, working hard to make them happy... you will know joy and happiness."

The first time I noted this comment, it so reminded me of you, as this is what you do as volunteers for Southern Ohio Medical Center every day! You truly show by example how to freely give of your time and talent to benefit others! Every day, you brighten our world with your presence, your laughter and your

service to others, and believe me it is noticed and very much appreciated! So in that spirit of the holidays, I want to wish you a blessed Christmas and much health and happiness in the New Year.



*Your kindness is appreciated
All throughout the year
And it is not just at Christmas time
That your actions bring good cheer.*

*We know we are so fortunate
To have you always here
So blessed and delighted to have you
As our valued volunteer.*

As always, thank you for being who you are, and for choosing SOMC as a place to volunteer. I truly am blessed beyond words to have such an amazing group of very special people in my life!

In closing, as you relish the goodies, decorate every nook and corner of your home and enjoy the get-togethers... May the joy and festivities continue to radiate in your lives, long after Christmas has concluded. Merry Christmas! Happy New Year!

Happy Holidays with Love & ((Hugs)),

Jenny Lavender, Manager Volunteer Services

New Volunteers

Haleigh Collier
Max Hagens
Rudra Patel
Tiffany Sexton
Jacob Shaw

December Birthdays

12/2	Miller McKenzie	12/14	Martha Oberley	12/24	Linda Crabtree
12/4	Ruth Eckstein	12/15	Judy Smith	12/25	Angela Byers
12/8	Ester Collier	12/16	Ann Smith	12/27	Isah Strickland
12/10	Cindy Burke	12/16	Christina Basham	12/28	Elizabeth Bell
12/10	John Jones	12/20	Melanie Hawk	12/31	Sharon Pertuset
12/13	Savanah Holtgrewe	12/21	Jon Lavender	12/31	Susan Crawford

Guild News

Volunteers in Action

*“Volunteers don’t just do the work
– they make it work.”*

Any Guild news for the next months newsletter needs turned into the Volunteer Office before the 15th of the month. Call 740-356-8234.

The **Pleasure Guild’s** next meeting will be held on Friday, December 1st at 12:00 p.m. at Hill View (Dining Room), which is located at 1610 – 28th Street in Portsmouth.

The **Scioto Guild’s** next meeting will be held on Wednesday, December 6th at 12:30 p.m. at Shawnee Lodge, which is located at 4404 OH-125 in West Portsmouth.

The **Hope Guild’s** next meeting will be held on Friday, December 8th at 12:00 a.m. at Shawnee Lodge.

The **Pediatric Guild’s** next meeting will be held on Wednesday, December 13th at 1:00 p.m. at The Loft’s Coffee Company, which is located at 842 Gallia Street in Portsmouth.

The **Kardia Guild’s** next meeting will be held on Thursday, December 14th at 12:00 p.m. at Ponderosa, which is located at 8801 Ohio River Road in Wheelersburg.

The **Service Guild’s** next meeting will be held on Wednesday, December 20th at 12:00 p.m. at Hill View, which is located at 1610 – 28th Portsmouth.



Joyce Payton and
Eloise White.



Kathy Blackburn.



Karen Wood with Sherri
Hurley – Preparing the Gift
Gallery for Christmas

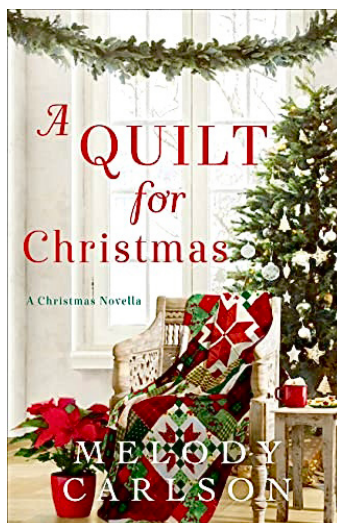
Guild Fundraising

The Pediatric Guild will host their popular Linen Sale on November 29th – 30th from 7:00 a.m. – 4:00 p.m. both days in the Waller/ED Corridor.

Mary’s Spirit Shop, which is located at 2109 Gallia Street – Portsmouth, will host an In-Store Sale beginning November 29th - December 2nd, between the hours of 10:00 a.m. – 5:30 p.m. Proceeds will benefit the Scioto Guild.

The Hope Guild will host their popular Scioto Shoe Mart Sale just in time for gift-giving, at the store location, which is located at 615 Harding Avenue in Sciotoville. The sale will be held December 11th – 16th from 10:00 a.m. – 7:00 p.m.

Books Are Fun will be on-site on December 21st for a “Christmas Pop-Up” sale from 8:00 a.m. – 3:00 p.m. in the Waller/ED Corridor to wrap up any last minute shopping you may have!



Volunteer Book Club

The book chosen to discuss in December is “A Quilt for Christmas” by Melody Carlson, and the group is scheduled to discuss the title on December 16th at 12:00 p.m. at Hill View. For further information or to RSVP, as space is limited, please contact the Volunteer Office at 740-356-8234.

Christmas Selfie Photo Scavenger Hunt

Christmas is such a magical time of the year, so to elevate the holiday fun, Volunteer Services is hosting a “Selfie Scavenger Hunt” that is sure to capture the joy and spirit of the season! To get started, listed below is a list of 15 items to choose from. They all do not need to be completed – just go out and do as you choose! Remember to “capture the moment” that includes YOU (our volunteer) in the photo! Each photo the Volunteer Office receives is an entry to our “*Volunteer Christmas Selfie Scavenger Hunt Challenge!*” At the end of the challenge, one lucky winner will win gift cards to celebrate the holiday season, totaling \$50.00! Photos can be emailed to: lavendej@somc.org, “Tag” Jenny Lavender on Facebook or submit to the SOMC Volunteer Office (1805 – 27th Street; Portsmouth, OH 45662). All photos received will be on display in the Volunteer Office for all to enjoy! **The challenge begins: December 1 and ends December 21, 2023.** *(Must be a current volunteer to enter – and there is no limit to the number of entries per volunteer).*



- » With Santa
- » With a Nutcracker
- » Eating a Candy Cane
- » With a Present
- » By a Snowman
- » In front of a Christmas Tree
- » With a Reindeer
- » With an Ornament
- » In front of Christmas Lights
- » With Family
- » With a Christmas Stocking
- » Eating Christmas Cookies
- » Drinking Hot chocolate
- » With Friends
- » Decorating the Tree



Believe in Your Elf

“With Jenny’s unexpected surgery, and knowing how much she helps me pull off most of my elfish antics, I will only be visiting periodically throughout the holiday season. You see, Jenny and I both agree we still want to make your heart smile with a little Christmas cheer, even if the opportunities are limited. As the saying goes...a little bit of something is better than nothing – and sometimes a little bit of me can keep you smiling for days! So remember – keep an eye out for my arrival, as I hope to see you soon!”

– Sadie Snowflake, SOMC Volunteer Elf

Know Someone Interested in Volunteering?

If so, send your friends to our website at <http://www.somc.org/employee/volunteering/> so that they can learn about some of the volunteer opportunities that are available. They may also contact the Volunteer Office at 740-356-8234 or email to: lavendej@somc.org



Gift Gallery

Be sure and make the Gift Gallery one of your stops for finding that wonderful gift for someone on your holiday shopping list. Not only does the Gift Gallery offer unique findings, it also offers friendly conversation and warm smiles that definitely brighten up the season!



ANNOUNCEMENTS

- » If you are unable to make your scheduled commitment, please contact the Volunteer Office at 740-356-8234. There is an answering machine, so if you are calling after hours, please leave a message.
- » Volunteers are being sought for the following departments: Hospice, Gift Gallery, Heart & Vascular, Human Resources and various Guild opportunities. If you are interested in obtaining further information regarding the above-mentioned areas and responsibilities, please contact the Volunteer Office at 740-356-8234.
- » The Gift Gallery and Volunteer Office will be closed on December 25th – December 26th for the Christmas holiday. Also, the Gift Gallery and Volunteer Office will be closed January 1st in observance of the New Year holiday.
- » If you have not received your flu vaccine please contact the Volunteer Office to schedule, as all volunteers **MUST** receive a flu vaccination as per SOMC policy.
- » Make sure you are turning in your volunteer time, as on January 15, 2024 we will begin tabulating your volunteer hours (Jan. 1 – Dec. 31, 2023).
- » Have a good volunteer story or news that we can share? If so, then be sure and drop it by the Volunteer Office or e-mail to: lavendej@somc.org - Stories can inspire, comfort and educate, therefore we would love to share them with other volunteers!



Scioto Guild Enjoys Outing to Jackson

On November 3rd the Scioto Guild spent the afternoon together in Jackson, Ohio with a trip to Four Mile Bakery followed by their November business meeting at The Robin's Nest Café & Tea Room.

Need Some Gift Giving Ideas?

Sometimes the most memorable gift is one that costs the least and will be remembered above all the high dollar gifts. The most expensive gift you can give to someone is your time because things can be replaced but your time is irreplaceable. So why not show someone you are thinking about them this holiday season by giving them some of your precious time through baking, visiting, letters or a hand-made gift. Here are a few ideas you might like to try:



“Made with Love”

Small loaves of homemade bread paired with a couple of jars of homemade jam. Put them on an inexpensive cutting board and include a festive ornament.

“Keep the Dish”

Shop for pretty dishes and cute tins or trays for gift giving. Fill your “finds” with homemade candies, cookies, muffins or other special treats, cover with plastic, put a bow on top, and attach a note saying, “Keep the dish!”

“Across the Miles”

Have a relative far away that will be unable to visit this holiday season? Then why not put together an album of family photographs and ask family members to write in personal caption and messages.

What's on the Menu

Biscuit Cinnamon Rolls

You would never believe that these delicious, buttery and flakey cinnamon rolls, wrapped around a cinnamon sugar filling and topped with a sweet glaze began with refrigerated biscuits!

Ingredients

- » 1 (8-pack) can of Grands refrigerator biscuits
- » 2 tablespoon butter, melted
- » 1/4 cup granulated sugar
- » 1-1/2 teaspoon cinnamon

Glaze

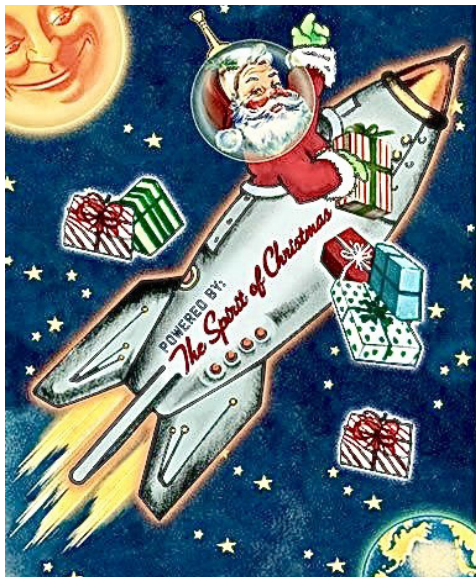
- » 1 cup confectioners' sugar
- » 1 to 2 tablespoons milk



Instructions: Preheat oven to 375 degrees. Open the biscuits and separate them. Leave them out at room temperature for 15 minutes to warm up. Place each biscuits side by side with the sides touching each other, then press and pinch together. Using a rolling pin, roll out the biscuits until flat and the dough is in the shape of a rectangle (it's ok if the sides are uneven). Using a pastry brush, apply the 2 tablespoons of butter over the top of the entire piece of dough. Mix together the sugar and the cinnamon. Sprinkle over the buttered dough. Roll up, beginning from one of the short ends. Using a sharp knife, slice the dough into 1-inch pieces and place rolls in a slightly greased 9-inch oven safe dish. Bake for 18 to 20 minutes.

Glaze

Mix the confectioners' sugar and milk until smooth. Drizzle over rolls while they are still hot.



Did You Know...

“Jingle Bells” was the first song broadcast from space, in a Christmas-themed prank by Gemini 6 astronauts Tom Stafford and Wally Schirra. While in space on December 16, 1965, they sent this report to Mission Control: “We have an object, looks like a satellite going from north to south, probably in polar orbit... I see a command module and eight smaller modules in front. The pilot of the command module is wearing a red suit....” The astronauts then produced a smuggled harmonica and sleigh bells and broadcast a rendition of “Jingle Bells.” The men later donated the harmonica and bells to the National Museum of Space & Aeronautics in Washington, where they now sit on display.



Volunteer “Pawsitive” Care Team Continues to Make A Difference

Volunteers Catherine Del Valle and Yeti continues making a “pawsitive” impact on our staff throughout various SOMC Departments.

Recipe For Christmas All Year Long

Take a heap of child-like wonder
That opens up our eyes
To the unexpected gifts in life—
Each day a sweet surprise.
Mix in fond appreciation
For the people whom we know;
Like festive Christmas candles,
Each one has a special glow.
Add some giggles and some laughter,
A dash of Christmas food,
(Amazing how a piece of pie Improves our attitude!)
Stir it all with human kindness;
Wrap it up in love and peace,
Decorate with optimism, and
Our joy will never cease.
If we use this healthy recipe,
We know we will remember
To be in the Christmas spirit,
Even when it’s not December.



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If you would like to receive the newsletter electronically, please call the Volunteer Office with your e-mail address at **740-356-8234** or send an e-mail request to lavendej@somc.org

E-Mail Addresses Wanted Please help SOMC reduce paper waste by signing up for electronic delivery of this newsletter and other volunteer news. Your privacy is valued as e-mail address shall be used for internal purposes only and shall not be distributed to third parties. To sign-up contact the volunteer office at 356-8234 or email us and let us know you'd like to receive our newsletter at lavendej@somc.org

Have You "Liked" Us Yet On Facebook? If you aren't already a fan of SOMC's Facebook page, it's time to "like" us! We will be posting photos and you just may see yourself in one of the postings!