

Leadership

A Next Generation Leadership Project

David Byers, MD | Ben Gill, MBA Nathan Rider, CNP | David Richard, RN Elie Saab, MD | Kendall Stewart, MD \* Southern Ohio Medical Center

Very Good things are happening here

\* These SOMC leaders began this SOMC Coaching Group (LCG) resource document in November 2015 while at a SOMC Next Generation Leadership meeting in Tucson. We are hopeful that SOMC leaders will continue contributing leadership behaviors to this living document.

# Leadership Strength

## We expect leaders to focus on results.

### **Perception-Enhancing Leadership Behaviors**

- □ I will ask clarifying questions.
- □ I will ask about action plans.
- □ I will ask about comparative data.
- □ I will research and describe best practices.
- □ I will understand and explain basic statistics.
- I will build consensus for priorities and stick to them.
- □ I will challenge tangent conversations in meetings.
- I will review data before meetings and make notes.
- I will invite brainstorming about poor performance.
- □ I will celebrate improved performance.
- □ I will encourage task lists.
- □ I will hold myself and others accountable.
- □ I will field best-possible teams.
- □ I will emphasize the team instead of the leader.
- □ I will empower and support colleagues.
- □ I will own my metrics.

- □ I will take personal accountability for failures. I will not blame or make excuses.
- I will seek continuously for opportunities to improve.
- I will challenge colleagues who are not focusing on results.
- □ I will prepare for and attend meetings on time.
- □ I will follow through on commitments.
- □ I will share the glory with others.
- I will take responsibility for the team's failures.
- □ I will become a lifelong learner.
- □ I will lend a willing hand to others instead of focusing exclusively on personal goals.
- □ I will embrace discomfort.
- □ I will lead by example.
- □ I will persevere in the face of failure.
- □ I will always make myself available to complete needed tasks.
- □ I will clarify expectations.
- □ I will refuse to accept the status quo.

## We expect leaders to be respectful team players.

### **Perception-Enhancing Leadership Behaviors**

- □ I will resist becoming angry.
- □ I will not engage in verbal abuse.
- □ I will value all opinions.
- □ I will talk to people in the room instead of talking about them after they leave.
- I will be fearless about standing up for what is right.
- □ I will take credit for failures and give credit for accomplishments.
- □ I will never be satisfied with myself.
- I will understand and embrace my role on the team.
- □ I will accentuate the positives and minimize the negatives.
- I will offer options and solutions instead of criticisms and complaints.

- I will confront the negative complainers and challenge them to become part of the solution.
- I will invite stakeholders' input before making decisions.
- I will summarize progress and suggest next steps.
- □ I will ask clarifying questions.
- I will not expect others to read my mind;
  I will clarify expectations instead.
- □ I will admit I could have done better.
- □ I will admit my limitations.
- □ I will play to other's strengths.
- □ I will promote shared decision-making.

### We expect leaders to be prepared for meetings.

### **Perception-Enhancing Leadership Behaviors**

- □ I will set limits and priorities.
- □ I will show up on time.
- I will know the focus of the meeting beforehand.
- □ I will prepare for my role in the meeting.
- □ I will clarify the goals of the meeting in my mind before the meeting.
- I will analyze the data before the meeting and prepare myself to discuss it thoughtfully.
- □ I will question useless meetings.
- I will clarify what is expected of me at the upcoming meeting.
- □ I will politely but firmly limit tangential discussions.
- □ I will embrace the task list.
- □ I will finish on time.
- □ I will clarify the deliverables and those accountable before the meeting ends.
- □ I will accepts responsibility for tasks.
- □ I will help others prepare before meetings.
- □ I will encourage healthy conflict.
- □ I will limit destructive conflict.

- □ I will confront others respectfully in public and in private.
- I will avoid emotional ambushes by encouraging everyone to place all issues on the agenda.
- □ I will encourage team members to draw their own conclusions.
- □ I will ask colleagues to accept responsibility publicly.
- □ I will send out questions before the meeting to encourage preparation.
- □ I will summarize the perceived problem before the meeting.
- □ I will complete the heavy lifting before the meeting.
- □ I will clarify my draft position and invite comments.
- □ I will overtly invite challenges.
- □ I will encourage reflection and post-meeting reconsideration when appropriate.
- □ I will discourage groupthink.
- □ I will make a vigorous opposing case instead of relying solely on a sales pitch.
- □ I will prepare to use presentation media competently.

## We expect leaders to make expectations clear.

### Perception-Enhancing Leadership Behaviors.

- $\hfill\square$  I will use few and clear words.
- □ I will describe actionable ideas.
- □ I will invite listeners to "teach back."
- □ I will provide status updates.
- □ I will document positions promptly using email.
- □ I will clarify my expectations in my own mind first.
- □ I will clarify whether progress has actually been made.
- □ I will communicate regularly instead of waiting for a problem to arise.
- □ I will check to see whether my expectations are reasonable.

- □ I will ask colleagues to help clarify expectations.
- □ I will repeat expectations often.
- □ I will publicize expectations.
- □ I will explain evolving expectations.
- □ I will conform to my own expectations.
- □ I will invite others to hold me accountable for meeting my own expectations.
- I will require team members to sign that they understand and will comply with expectations.
- □ I will invite clarifying questions.
- □ I will ask others to make their expectations clear too.

## We expect leaders to lead by example.

### **Perception-Enhancing Leadership Behaviors**

- □ I will model behavior I expect from others.
- □ I will ask others to hold me accountable.
- □ I will go the extra mile.

- □ I will volunteer first for the most unpleasant tasks.
- □ I will do more than I expect from others.

## We expect leaders to speak forthrightly.

#### **Perception-Enhancing Leadership Behaviors**

- □ I will say things everyone else is thinking but that no one else will say.
- While respectful, I will not beat around the bush.
- □ I will ask permission to speak forthrightly.
- □ I will tell the whole truth.
- □ I will tell the unvarnished truth.
- □ I will admit that my perspective is just my perspective.

- □ I will avoid spinning.
- □ I will communicate in the moment.
- □ I will seek to communicate only when emotionally detached.
- □ I will wait until being asked to opine.
- □ I will speak constructively.
- I will remain silent unless I have something meaningful to contribute.

## We expect leaders to be transparent.

### **Perception-Enhancing Leadership Behaviors**

- □ I will keep all stakeholders informed.
- □ I will not use the blind copy email function.
- □ I will acknowledge that circumstances (and messages) may change.
- □ I will communicate regularly as circumstances change.
- □ I will invite input.
- □ I will encourage clarifying questions.
- □ I will publish written positions.
- I will publish FAQ document based on stakeholders' concerns.
- □ I will hold all-call meetings so everyone can hear the same things at the same time.
- □ I will admit mistakes and failures.
- □ I will have no motive except to increase stakeholder understanding.
- □ I will share critics' perceptions.
- □ I will accept feelings.
- □ I will encourage people to share their concerns and documents them.
- □ I will invite disagreements.
- □ I will remind everyone that, in the end, someone will have to make a decision.
- □ I will share my sources.
- □ I will show my math.

- □ I will explain how I reached my decisions.
- □ I will admit that my decision may turn out to have been a mistake.
- □ I will admit that all business decisions are tentative.
- □ I will share supportive and unsupportive data.
- □ I will reveal new information immediately.
- I will answer honestly when I don't know or can't say.
- □ I will admit that all data are flawed.
- □ I will reveal intentions.
- $\hfill\square$  I will correct the record when indicated.
- □ I will accept stakeholders' feelings.
- □ I will explain the historical perspective.
- □ I will identify options and explain the pros and cons of each.
- □ I will publish the outcome metrics and hold everyone accountable.
- □ I will, when possible, warn stakeholders what's coming.
- □ I will make the best case for and against.
- □ I will admit what I don't know.
- □ I will admit that others have different perspectives and strong feelings about them.

### We expect leaders to welcome honest feedback.

### **Perception-Enhancing Leadership Behaviors**

- □ I will gives honest feedback myself.
- □ I will solicit feedback regularly.
- □ I will react non-defensively when given feedback.
- □ I will view feedback as coaching instead of criticism.
- □ I will use feedback to leverage personal growth.

- □ I will use feedback to change perceptions about leaders and organizational results.
- I will engage others based on new perspectives.
- □ I will thank people for feedback.
- □ I will invite feedback from other people on the team.
- □ I will not ignore feedback when I receive it.

### We expect leaders to accept responsibility.

#### **Perception-Enhancing Leadership Behaviors**

- I will accept the blame for failure and give the credit for success to others.
- □ I will refuse to make excuses.
- I will understand and accept my scope of responsibility.
- □ I will volunteer to complete the most unpleasant tasks.
- □ I will not blame others.
- I will accept the uncomfortable responsibility to field the best-possible teams and to deliver exceptional results.
- □ I will clarify the vision and expectations for the team.
- □ I will invite colleagues to hold me accountable.

- □ I will remain non-defensive when challenged.
- □ I will take ownership of problems instead of punting the issue to others.
- □ I will know my limits.
- □ I will remain "on stage" when at work or in public.
- I will challenge colleagues who damage the SOMC brand by their behavior.
- □ I am willing to take heat for making unpopular decisions.
- □ I will quickly change course when warranted.
- □ I will remain silent and absorb evil when that is the best option.

## We expect leaders to hold colleagues accountable.

### **Perception-Enhancing Leadership Behaviors**

- □ I will participate in peer review.
- □ I will speak honestly but respectfully.
- □ I will ask others their perspectives.
- □ I will ask permission to give feedback.
- □ I will confront colleagues positively.
- □ I will follow through on complaints.
- I will challenge others to do better and leads by example.
- □ I will make sure I have the whole story.
- □ I will document crucial conversations.
- □ I will see the process problems and challenge colleagues to improve them.

- □ I will take the blame for not clarifying my expectations.
- □ I will ask colleagues their perceptions and really listen.
- □ I will choose the best time to confront.
- □ I will confront in love and respect.
- □ I will build real relationships that enable mutual learning and accountability.
- □ I will calm myself when emotionally aroused.
- □ I will take no pleasure in other's shortcomings.
- □ I will ask for colleagues' help.
- □ I will consult with colleagues about how best to proceed.

### We expect leaders to communicate effectively.

### **Perception-Enhancing Leadership Behaviors**

- □ I will prepare to communicate.
- □ I will speak clearly and concisely.
- □ I will tailor the communication to the audience.
- □ I will communicate consistently.
- □ I will back up what I am communicating.
- □ I will pause and invite clarifying questions.
- □ I will document communications.
- □ I will employ the teach-back method.
- □ I will write briefly and concisely.
- □ I will speak deliberately.
- □ I will repeat myself--but not too much.
- □ I will respond promptly to email.
- □ I will identify the best mode of communication.

- □ I will craft an effective takeaway message.
- □ I will avoid communicating when emotionally aroused.
- □ I will communicate at the appropriate time.
- □ I will communicate just enough but not too much.
- □ I will communicate to the right audience.
- □ I will recognize failed communication attempts and deploy another attempt.
- □ I will recognize the importance of faceto-face contact or a phone call.
- □ I will take the time to communicate effectively.
- □ I will involve experts appropriately in communication.

## We expect leaders to manage change effectively.

### **Perception-Enhancing Leadership Behaviors**

- □ I will prepare others for coming changes.
- □ I will set expectations.
- □ I will lead the way by adapting to changes in my field.
- □ I will embrace change myself.
- □ I will recognize that I am not in charge of events.
- □ I will consider options.
- □ I will accept feelings.
- □ I will involve stakeholders.
- □ I will demonstrate concern for those impacted by change.
- □ I will be data-driven.
- □ I will reassure others that things will turn out all right or they won't, and that multiple failures are the stepping stones to success.
- □ I will clarify vision.
- □ I will view change as opportunity.
- □ I will remain positive.
- □ I will customize the messages for the organization.
- □ I will master the changemanagement process.
- □ I will use examples of organizations that failed to adapt to change.
- □ I will connect coming changes to mission, vision and results.
- □ I will explain next steps.
- □ I will recruit champions.

- □ I will strive to get everyone on the same page.
- □ I will learn from mistakes.
- □ I will break change into small steps.
- □ I will change course when indicated.
- □ I will build organizational structure that adapts to change.
- □ I will make the case for change.
- □ I will not underestimate resistance.
- □ I will persist until the change is hardwired.
- □ I will measure the effectiveness of change.
- □ I will identify change-enabling resources.
- □ I will know when to throw in the towel.
- □ I will manage unintended consequences.
- □ I will recognize the impact of change on individuals.
- □ I will communicate regularly with stakeholders.
- □ I will explain the change to community stakeholders.
- □ I will embrace technology.
- □ I will not wait for the change process to go off the rails.
- □ I will refuse to be held hostage by the naysayers.
- □ I will prepare to weather criticism.
- □ I will grow a tougher skin.
- □ I will realize I will be unpopular.

## We expect leaders to talk to others instead of about others.

#### **Perception-Enhancing Leadership Behaviors**

- $\Box$  I will not put others in the middle.
- □ I will not accept gossip at face value.
- □ I will contact the other party and ask clarifying questions.
- □ I will document positions in email.
- □ I will assume that angry outbursts are not one's final position.
- □ I will apologize to those having been put in the middle.

- I will reassure informants that they may feel free to decline to be a messenger in the future.
- □ I will seek counsel from a mentor about how best to approach the involved colleague directly.
- □ I will encourage everyone to speak directly to others.
- □ I will encourage colleagues to hold each other accountable.

## We expect leaders to manage conflict effectively.

### **Perception-Enhancing Leadership Behaviors**

- □ I will recognize the conflict.
- □ I will calm myself.
- □ I will respond quickly by launching this process.
- □ I will not promise confidentiality.
- □ I will "Observe the gorillas" by taking careful notes and asking clarifying questions.
- □ I will accept other's feelings.
- I will document mutual perceptions and plans.
- "Here are your perceptions as I understand them."
- □ "Here are my perceptions."
- □ "Here are our next steps."
- □ I will consult with HR.

- □ I will interview all of the people involved privately if indicated.
- □ I will promptly document each person's comments in an email to each individual.
- □ I will create a task force if needed.
- □ I will consider all of my options about how to proceed.
- □ I will choose the best option(s).
- □ I will announce my decision in an email to everyone involved.
- □ I will follow through on what I agreed to do.
- □ I will keep everyone informed about the progress.
- I will clarify my expectation that conflict is natural, usually reveals a problem that needs to be solved and will be resolved promptly, and effectively by the team.

## We expect our leaders to manage their own emotional arousal appropriately.

### Perception-Enhancing Leadership Behaviors

- □ I will walk away when hot-collared.
- □ I will remain silent when aroused.
- □ I will remain naturally curious.
- □ I will recognize my own arousal.
- □ I will reflect on what circumstances predictably trigger my arousal.
- □ I will pause before clicking Send.
- □ I will clarify written communication.
- I will not take other's angry outbursts personally.
- □ I will delete any email drafted in anger.
- □ I will not permit other's malignant misery to metastasize to my mind.

- □ I will remain objective.
- I will adopt the role of investigative journalist.
- □ I will consult with level-headed colleagues.
- □ I will monitor environment for emotional contamination.
- □ I will monitor body language including my own.
- □ I will admit that losing one's cool is a leadership failure.
- □ I will match my arousal to the situation.
- □ I will resist the temptation to be sarcastic.
- □ I will use arousal to fuel investigation and improve processes.

## We expect leaders to identify problems and solutions.

#### **Perception-Enhancing Leadership Behaviors**

- □ I will identify all problems.
- □ I will document all problems.
- □ I will set priorities.
- □ I will brainstorm options.
- □ I will write a pro and con list for each option.
- □ I will decide how I can be a part of the solution.

- □ I will consult with colleagues about next steps.
- □ I will recruit a champion.
- □ I will persuade decision makers.
- □ I will revise priority lists based on environmental changes.

## We expect leaders to persuade ethically and effectively.

### **Perception-Enhancing Leadership Behaviors**

- □ I will ask permission to persuade.
- I will admit that I am attempting to persuade.
- I will seek to influence those outside my chain of command by making a compelling case.
- □ I will consider both sides.
- □ I will admit my bias up front.
- □ I will make logical arguments.
- I will make an effort tounderstand opponents' position.

- □ I will study to become knowledgeable.
- □ I will share information transparently.
- □ I will resist the temptation to spin.
- □ I will call BS what it is.
- □ I will be honest about my limitations.
- □ I will insist on compliance.
- □ I will persuade myself first.
- □ I will remain a committed skeptic.
- □ I will refuse the temptation to withhold critical information that will hurt my case.

## We expect leaders to consider both sides.

### **Perception-Enhancing Leadership Behaviors**

- □ I will recognize my natural inclination to jump to conclusions.
- I will listen attentively and sympathetically to one side while reminding myself that there is always another side to the story.
- □ I will document the perceptions and feelings of everyone involved.
- I will make time to reflect and consult before making a decision.

- When persuading others, I will be careful to present equally-vigorous cases for and against what I am selling.
- □ I will remind complainers that I will consider the other side too.
- I will invite all stakeholders to contribute their views during the "public comment" period of decision-making.

## We expect leaders to be thick-skinned.

### **Perception-Enhancing Leadership Behaviors**

- □ I will recognize this is essential to survival as a leader and speak openly about it.
- □ I will invite critics and others to help me toughen up.
- □ I will invite challenges to my positions.
- □ I will view personal attacks as opportunities to grow.
- I will fake indifference until I become truly indifferent.
- □ I will seek coaching from thickskinned colleagues.

## We expect leaders to be on time.

### **Perception-Enhancing Leadership Behaviors**

- □ I will arrange to be on time almost all of the time.
- I will admit openly that keeping people waiting is disrespectful and inconsistent with our SOMC strategic value of providing exceptional customer service.
- □ I will apologize when I am late.
- □ I will urge colleagues to start on time with those who are there on time.

- I will thank colleagues for showing up on time.
- I will set expectation for ending meetings on time at the beginning of meetings.
- □ I will ask others for help with time keeping.
- □ I will end meetings on time.

### We expect leaders to meet deadlines.

#### **Perception-Enhancing Leadership Behaviors**

- □ I will agree only to realistic deadlines.
- □ I will manage to meet my deadlines almost all of the time.
- I will give notice to colleagues when I will not meet a deadline and briefly explain the reason why.
- □ I will positively reinforce colleagues who meet their deadlines.

- □ I will hold colleagues accountable when they do not meet their deadlines.
- □ I will publish the performance of those who do and do not meet their deadlines.
- □ I will attach unpleasant consequences to the habitual failure to meet deadlines.

## We expect leaders to deliver on commitments.

### **Perception-Enhancing Leadership Behaviors**

- □ I will be cautious about making commitments impulsively.
- □ I will respond, "Let me think about that and get back to you."
- If, after reconsideration, I conclude I should not have made this commitment, I will contact stakeholders, announce my reconsidered position and withdraw earlier rather than later.
- When I will not be able to follow through as promised, I will inform stakeholders as soon as I realize this, apologize and explain the reasons for my failure.

## We expect leaders to be passionate learners and teachers.

### **Perception-Enhancing Leadership Behaviors**

- □ I will read continuously.
- □ I will share my learning with my colleagues.
- I will prepare and deliver stimulating presentations.
- □ I will ask colleagues what they are learning.
- □ I will urge colleagues to share their learning with others.
- □ I will remain insatiably curious about everything.
- □ I will back up my opinions with evidence.
- I will ask clarifying questions to encourage learning.

- □ I will challenge everyone's assumptions.
- □ I will create energizing discomfort.
- □ I will focus on beliefs, behaviors and feelings.
- □ I will remain a passionate student of the human brain and the mind it creates and sustains.
- I will be an intense observer of human nature.
- □ I will seek to inspire others to become lifelong learners.

## We expect leaders to field best-possible teams.

#### **Perception-Enhancing Leadership Behaviors**

- □ I will publicly acknowledge this is my moral obligation as a leader.
- □ I will admit that this is the hardest part of being a leader.
- □ I will admit that I will often fail in the short run while striving to succeed in the long run.
- □ I will manage the human bell curve optimally.

- □ I will continuously extrude netnegative players from the team.
- □ I will lead average people effectively.
- □ I will select team members based on their emotional intelligence.
- I will take the view that if I am not the best-possible team leader, my colleagues should "trade up."

## We expect leaders to continuously improve processes.

### **Perception-Enhancing Leadership Behaviors**

- I will understand and regularly explain that good processes are essential to producing and sustaining good results.
- I will explain that current SOMC processes are ideally suited for producing current results; to produce better results we must design and follow better processes.
- □ I will make myself a process expert.

- I will continuously improve my own processes.
- □ I will ask clarifying questions about processes.
- □ I will urge process improvement and personally invest time and energy in those activities.
- □ I will tell stories about the power of improved processes.

## We expect leaders to market SOMC.

#### **Perception-Enhancing Leadership Behaviors**

- □ I will wear SOMC logo apparel in public.
- □ I will wear my SOMC ID when running errands to and from work.
- □ I will live out SOMC cultural values when off duty.

- □ I will invest in the community.
- □ I will take personal responsibility for customer complaints.
- □ I will engage in credible word-of-mouth marketing with my circle of friends.

## We expect leaders to embrace discomfort.

### Perception-Enhancing Leadership Behaviors.

- □ I will acknowledge intellectually this is the preferred environment for personal growth.
- □ I will regularly create discomfort for myself.
- □ I will reassure others that discomfort is a good thing.
- □ I will avoid creating paralyzing discomfort.
- □ I will check with colleagues about whether current level of discomfort is optimal.
- □ I will recognize that brains cause discomfort and that different brains cause different levels of discomfort.

- I will admit that behavior that triggers energizing discomfort in some triggers paralyzing discomfort in others.
- I will compliment those who make themselves uncomfortable in the quest for improvement.
- □ I will thank other for "making" them uncomfortable.
- □ I will question leadership myths.
- □ I will challenge destructive discomfort such as temper tantrums.

## We expect leaders to be compliant.

### **Perception-Enhancing Leadership Behaviors.**

- $\hfill\square$  I will know the rules and follow them.
- □ I will ask whether there are any compliance issues involved when making decisions.
- □ I will consult compliance experts frequently.
- □ I will encourage others to raise compliance questions.
- I will recall and share past temptations to cut corners.

- □ I will accept the consequence of risking less financial reward by choosing to be compliant.
- □ I will welcome dissent.
- □ I will pay attention to my own and my colleagues' uneasiness.
- □ I will reconsider decisions after reflection.

## We expect leaders to embrace the SOMC leadership culture.

### Perception-Enhancing Leadership Behaviors.

- □ I will study the culture and become an expert.
- □ I will recognize the culture is aspirational.
- □ I will view the culture as fragile.
- □ I will challenge behaviors inconsistent with the culture.
- □ I will invite feedback about how I am perceived.

- □ I will positively reinforce culturallysustaining behavior.
- □ I will acknowledge my own slips.
- □ I will celebrate the relative rarity of this culture.
- □ I will defend the culture by extruding net-negative people.

### Notes

## Southern Ohio Medical Center

Very Good things are happening here