

Leadership

A Next Generation Leadership Project

David Byers, MD | Ben Gill, MBA Nathan Rider, CNP | David Richard, RN Elie Saab, MD | Kendall Stewart, MD * Southern Ohio Medical Center

Very Good things are happening here

* These SOMC leaders began this SOMC Coaching Group (LCG) resource document in November 2015 while at a SOMC Next Generation Leadership meeting in Tucson. We are hopeful that SOMC leaders will continue contributing leadership behaviors to this living document.

Leadership Strength

We expect leaders to focus on results.

Perception-Enhancing Leadership Behaviors

- □ I will ask clarifying questions.
- □ I will ask about action plans.
- □ I will ask about comparative data.
- □ I will research and describe best practices.
- □ I will understand and explain basic statistics.
- I will build consensus for priorities and stick to them.
- □ I will challenge tangent conversations in meetings.
- I will review data before meetings and make notes.
- I will invite brainstorming about poor performance.
- □ I will celebrate improved performance.
- □ I will encourage task lists.
- □ I will hold myself and others accountable.
- □ I will field best-possible teams.
- □ I will emphasize the team instead of the leader.
- □ I will empower and support colleagues.
- □ I will own my metrics.

- □ I will take personal accountability for failures. I will not blame or make excuses.
- I will seek continuously for opportunities to improve.
- I will challenge colleagues who are not focusing on results.
- □ I will prepare for and attend meetings on time.
- □ I will follow through on commitments.
- □ I will share the glory with others.
- I will take responsibility for the team's failures.
- □ I will become a lifelong learner.
- □ I will lend a willing hand to others instead of focusing exclusively on personal goals.
- □ I will embrace discomfort.
- □ I will lead by example.
- □ I will persevere in the face of failure.
- □ I will always make myself available to complete needed tasks.
- □ I will clarify expectations.
- □ I will refuse to accept the status quo.

We expect leaders to be respectful team players.

Perception-Enhancing Leadership Behaviors

- □ I will resist becoming angry.
- □ I will not engage in verbal abuse.
- □ I will value all opinions.
- □ I will talk to people in the room instead of talking about them after they leave.
- I will be fearless about standing up for what is right.
- □ I will take credit for failures and give credit for accomplishments.
- □ I will never be satisfied with myself.
- I will understand and embrace my role on the team.
- □ I will accentuate the positives and minimize the negatives.
- I will offer options and solutions instead of criticisms and complaints.

- I will confront the negative complainers and challenge them to become part of the solution.
- I will invite stakeholders' input before making decisions.
- I will summarize progress and suggest next steps.
- □ I will ask clarifying questions.
- I will not expect others to read my mind;
 I will clarify expectations instead.
- □ I will admit I could have done better.
- □ I will admit my limitations.
- □ I will play to other's strengths.
- □ I will promote shared decision-making.

We expect leaders to be prepared for meetings.

Perception-Enhancing Leadership Behaviors

- □ I will set limits and priorities.
- □ I will show up on time.
- I will know the focus of the meeting beforehand.
- □ I will prepare for my role in the meeting.
- □ I will clarify the goals of the meeting in my mind before the meeting.
- I will analyze the data before the meeting and prepare myself to discuss it thoughtfully.
- □ I will question useless meetings.
- I will clarify what is expected of me at the upcoming meeting.
- □ I will politely but firmly limit tangential discussions.
- □ I will embrace the task list.
- □ I will finish on time.
- □ I will clarify the deliverables and those accountable before the meeting ends.
- □ I will accepts responsibility for tasks.
- □ I will help others prepare before meetings.
- □ I will encourage healthy conflict.
- □ I will limit destructive conflict.

- □ I will confront others respectfully in public and in private.
- I will avoid emotional ambushes by encouraging everyone to place all issues on the agenda.
- □ I will encourage team members to draw their own conclusions.
- □ I will ask colleagues to accept responsibility publicly.
- □ I will send out questions before the meeting to encourage preparation.
- □ I will summarize the perceived problem before the meeting.
- □ I will complete the heavy lifting before the meeting.
- □ I will clarify my draft position and invite comments.
- □ I will overtly invite challenges.
- □ I will encourage reflection and post-meeting reconsideration when appropriate.
- □ I will discourage groupthink.
- □ I will make a vigorous opposing case instead of relying solely on a sales pitch.
- □ I will prepare to use presentation media competently.

We expect leaders to make expectations clear.

Perception-Enhancing Leadership Behaviors.

- $\hfill\square$ I will use few and clear words.
- □ I will describe actionable ideas.
- □ I will invite listeners to "teach back."
- □ I will provide status updates.
- □ I will document positions promptly using email.
- □ I will clarify my expectations in my own mind first.
- □ I will clarify whether progress has actually been made.
- □ I will communicate regularly instead of waiting for a problem to arise.
- □ I will check to see whether my expectations are reasonable.

- □ I will ask colleagues to help clarify expectations.
- □ I will repeat expectations often.
- □ I will publicize expectations.
- □ I will explain evolving expectations.
- □ I will conform to my own expectations.
- □ I will invite others to hold me accountable for meeting my own expectations.
- I will require team members to sign that they understand and will comply with expectations.
- □ I will invite clarifying questions.
- □ I will ask others to make their expectations clear too.

We expect leaders to lead by example.

Perception-Enhancing Leadership Behaviors

- □ I will model behavior I expect from others.
- □ I will ask others to hold me accountable.
- □ I will go the extra mile.

- □ I will volunteer first for the most unpleasant tasks.
- □ I will do more than I expect from others.

We expect leaders to speak forthrightly.

Perception-Enhancing Leadership Behaviors

- □ I will say things everyone else is thinking but that no one else will say.
- While respectful, I will not beat around the bush.
- □ I will ask permission to speak forthrightly.
- □ I will tell the whole truth.
- □ I will tell the unvarnished truth.
- □ I will admit that my perspective is just my perspective.

- □ I will avoid spinning.
- □ I will communicate in the moment.
- □ I will seek to communicate only when emotionally detached.
- □ I will wait until being asked to opine.
- □ I will speak constructively.
- I will remain silent unless I have something meaningful to contribute.

We expect leaders to be transparent.

Perception-Enhancing Leadership Behaviors

- □ I will keep all stakeholders informed.
- □ I will not use the blind copy email function.
- □ I will acknowledge that circumstances (and messages) may change.
- □ I will communicate regularly as circumstances change.
- □ I will invite input.
- □ I will encourage clarifying questions.
- □ I will publish written positions.
- I will publish FAQ document based on stakeholders' concerns.
- □ I will hold all-call meetings so everyone can hear the same things at the same time.
- □ I will admit mistakes and failures.
- □ I will have no motive except to increase stakeholder understanding.
- □ I will share critics' perceptions.
- □ I will accept feelings.
- □ I will encourage people to share their concerns and documents them.
- □ I will invite disagreements.
- □ I will remind everyone that, in the end, someone will have to make a decision.
- □ I will share my sources.
- □ I will show my math.

- □ I will explain how I reached my decisions.
- □ I will admit that my decision may turn out to have been a mistake.
- □ I will admit that all business decisions are tentative.
- □ I will share supportive and unsupportive data.
- □ I will reveal new information immediately.
- I will answer honestly when I don't know or can't say.
- □ I will admit that all data are flawed.
- □ I will reveal intentions.
- $\hfill\square$ I will correct the record when indicated.
- □ I will accept stakeholders' feelings.
- □ I will explain the historical perspective.
- □ I will identify options and explain the pros and cons of each.
- □ I will publish the outcome metrics and hold everyone accountable.
- □ I will, when possible, warn stakeholders what's coming.
- □ I will make the best case for and against.
- □ I will admit what I don't know.
- □ I will admit that others have different perspectives and strong feelings about them.

We expect leaders to welcome honest feedback.

Perception-Enhancing Leadership Behaviors

- □ I will gives honest feedback myself.
- □ I will solicit feedback regularly.
- □ I will react non-defensively when given feedback.
- □ I will view feedback as coaching instead of criticism.
- □ I will use feedback to leverage personal growth.

- □ I will use feedback to change perceptions about leaders and organizational results.
- I will engage others based on new perspectives.
- □ I will thank people for feedback.
- □ I will invite feedback from other people on the team.
- □ I will not ignore feedback when I receive it.

We expect leaders to accept responsibility.

Perception-Enhancing Leadership Behaviors

- I will accept the blame for failure and give the credit for success to others.
- □ I will refuse to make excuses.
- I will understand and accept my scope of responsibility.
- □ I will volunteer to complete the most unpleasant tasks.
- □ I will not blame others.
- I will accept the uncomfortable responsibility to field the best-possible teams and to deliver exceptional results.
- □ I will clarify the vision and expectations for the team.
- □ I will invite colleagues to hold me accountable.

- □ I will remain non-defensive when challenged.
- □ I will take ownership of problems instead of punting the issue to others.
- □ I will know my limits.
- □ I will remain "on stage" when at work or in public.
- I will challenge colleagues who damage the SOMC brand by their behavior.
- □ I am willing to take heat for making unpopular decisions.
- □ I will quickly change course when warranted.
- □ I will remain silent and absorb evil when that is the best option.

We expect leaders to hold colleagues accountable.

Perception-Enhancing Leadership Behaviors

- □ I will participate in peer review.
- □ I will speak honestly but respectfully.
- □ I will ask others their perspectives.
- □ I will ask permission to give feedback.
- □ I will confront colleagues positively.
- □ I will follow through on complaints.
- I will challenge others to do better and leads by example.
- □ I will make sure I have the whole story.
- □ I will document crucial conversations.
- □ I will see the process problems and challenge colleagues to improve them.

- □ I will take the blame for not clarifying my expectations.
- □ I will ask colleagues their perceptions and really listen.
- □ I will choose the best time to confront.
- □ I will confront in love and respect.
- □ I will build real relationships that enable mutual learning and accountability.
- □ I will calm myself when emotionally aroused.
- □ I will take no pleasure in other's shortcomings.
- □ I will ask for colleagues' help.
- □ I will consult with colleagues about how best to proceed.

We expect leaders to communicate effectively.

Perception-Enhancing Leadership Behaviors

- □ I will prepare to communicate.
- □ I will speak clearly and concisely.
- □ I will tailor the communication to the audience.
- □ I will communicate consistently.
- □ I will back up what I am communicating.
- □ I will pause and invite clarifying questions.
- □ I will document communications.
- □ I will employ the teach-back method.
- □ I will write briefly and concisely.
- □ I will speak deliberately.
- □ I will repeat myself--but not too much.
- □ I will respond promptly to email.
- □ I will identify the best mode of communication.

- □ I will craft an effective takeaway message.
- □ I will avoid communicating when emotionally aroused.
- □ I will communicate at the appropriate time.
- □ I will communicate just enough but not too much.
- □ I will communicate to the right audience.
- □ I will recognize failed communication attempts and deploy another attempt.
- □ I will recognize the importance of faceto-face contact or a phone call.
- □ I will take the time to communicate effectively.
- □ I will involve experts appropriately in communication.

We expect leaders to manage change effectively.

Perception-Enhancing Leadership Behaviors

- □ I will prepare others for coming changes.
- □ I will set expectations.
- □ I will lead the way by adapting to changes in my field.
- □ I will embrace change myself.
- □ I will recognize that I am not in charge of events.
- □ I will consider options.
- □ I will accept feelings.
- □ I will involve stakeholders.
- □ I will demonstrate concern for those impacted by change.
- □ I will be data-driven.
- □ I will reassure others that things will turn out all right or they won't, and that multiple failures are the stepping stones to success.
- □ I will clarify vision.
- □ I will view change as opportunity.
- □ I will remain positive.
- □ I will customize the messages for the organization.
- □ I will master the changemanagement process.
- □ I will use examples of organizations that failed to adapt to change.
- □ I will connect coming changes to mission, vision and results.
- □ I will explain next steps.
- □ I will recruit champions.

- □ I will strive to get everyone on the same page.
- □ I will learn from mistakes.
- □ I will break change into small steps.
- □ I will change course when indicated.
- □ I will build organizational structure that adapts to change.
- □ I will make the case for change.
- □ I will not underestimate resistance.
- □ I will persist until the change is hardwired.
- □ I will measure the effectiveness of change.
- □ I will identify change-enabling resources.
- □ I will know when to throw in the towel.
- □ I will manage unintended consequences.
- □ I will recognize the impact of change on individuals.
- □ I will communicate regularly with stakeholders.
- □ I will explain the change to community stakeholders.
- □ I will embrace technology.
- □ I will not wait for the change process to go off the rails.
- □ I will refuse to be held hostage by the naysayers.
- □ I will prepare to weather criticism.
- □ I will grow a tougher skin.
- □ I will realize I will be unpopular.

We expect leaders to talk to others instead of about others.

Perception-Enhancing Leadership Behaviors

- \Box I will not put others in the middle.
- □ I will not accept gossip at face value.
- □ I will contact the other party and ask clarifying questions.
- □ I will document positions in email.
- □ I will assume that angry outbursts are not one's final position.
- □ I will apologize to those having been put in the middle.

- I will reassure informants that they may feel free to decline to be a messenger in the future.
- □ I will seek counsel from a mentor about how best to approach the involved colleague directly.
- □ I will encourage everyone to speak directly to others.
- □ I will encourage colleagues to hold each other accountable.

We expect leaders to manage conflict effectively.

Perception-Enhancing Leadership Behaviors

- □ I will recognize the conflict.
- □ I will calm myself.
- □ I will respond quickly by launching this process.
- □ I will not promise confidentiality.
- □ I will "Observe the gorillas" by taking careful notes and asking clarifying questions.
- □ I will accept other's feelings.
- I will document mutual perceptions and plans.
- "Here are your perceptions as I understand them."
- □ "Here are my perceptions."
- □ "Here are our next steps."
- □ I will consult with HR.

- □ I will interview all of the people involved privately if indicated.
- □ I will promptly document each person's comments in an email to each individual.
- □ I will create a task force if needed.
- □ I will consider all of my options about how to proceed.
- □ I will choose the best option(s).
- □ I will announce my decision in an email to everyone involved.
- □ I will follow through on what I agreed to do.
- □ I will keep everyone informed about the progress.
- I will clarify my expectation that conflict is natural, usually reveals a problem that needs to be solved and will be resolved promptly, and effectively by the team.

We expect our leaders to manage their own emotional arousal appropriately.

Perception-Enhancing Leadership Behaviors

- □ I will walk away when hot-collared.
- □ I will remain silent when aroused.
- □ I will remain naturally curious.
- □ I will recognize my own arousal.
- □ I will reflect on what circumstances predictably trigger my arousal.
- □ I will pause before clicking Send.
- □ I will clarify written communication.
- I will not take other's angry outbursts personally.
- □ I will delete any email drafted in anger.
- □ I will not permit other's malignant misery to metastasize to my mind.

- □ I will remain objective.
- I will adopt the role of investigative journalist.
- □ I will consult with level-headed colleagues.
- □ I will monitor environment for emotional contamination.
- □ I will monitor body language including my own.
- □ I will admit that losing one's cool is a leadership failure.
- □ I will match my arousal to the situation.
- □ I will resist the temptation to be sarcastic.
- □ I will use arousal to fuel investigation and improve processes.

We expect leaders to identify problems and solutions.

Perception-Enhancing Leadership Behaviors

- □ I will identify all problems.
- □ I will document all problems.
- □ I will set priorities.
- □ I will brainstorm options.
- □ I will write a pro and con list for each option.
- □ I will decide how I can be a part of the solution.

- □ I will consult with colleagues about next steps.
- □ I will recruit a champion.
- □ I will persuade decision makers.
- □ I will revise priority lists based on environmental changes.

We expect leaders to persuade ethically and effectively.

Perception-Enhancing Leadership Behaviors

- □ I will ask permission to persuade.
- I will admit that I am attempting to persuade.
- I will seek to influence those outside my chain of command by making a compelling case.
- □ I will consider both sides.
- □ I will admit my bias up front.
- □ I will make logical arguments.
- I will make an effort tounderstand opponents' position.

- □ I will study to become knowledgeable.
- □ I will share information transparently.
- □ I will resist the temptation to spin.
- □ I will call BS what it is.
- □ I will be honest about my limitations.
- □ I will insist on compliance.
- □ I will persuade myself first.
- □ I will remain a committed skeptic.
- □ I will refuse the temptation to withhold critical information that will hurt my case.

We expect leaders to consider both sides.

Perception-Enhancing Leadership Behaviors

- □ I will recognize my natural inclination to jump to conclusions.
- I will listen attentively and sympathetically to one side while reminding myself that there is always another side to the story.
- □ I will document the perceptions and feelings of everyone involved.
- I will make time to reflect and consult before making a decision.

- When persuading others, I will be careful to present equally-vigorous cases for and against what I am selling.
- □ I will remind complainers that I will consider the other side too.
- I will invite all stakeholders to contribute their views during the "public comment" period of decision-making.

We expect leaders to be thick-skinned.

Perception-Enhancing Leadership Behaviors

- □ I will recognize this is essential to survival as a leader and speak openly about it.
- □ I will invite critics and others to help me toughen up.
- □ I will invite challenges to my positions.
- □ I will view personal attacks as opportunities to grow.
- I will fake indifference until I become truly indifferent.
- □ I will seek coaching from thickskinned colleagues.

We expect leaders to be on time.

Perception-Enhancing Leadership Behaviors

- □ I will arrange to be on time almost all of the time.
- I will admit openly that keeping people waiting is disrespectful and inconsistent with our SOMC strategic value of providing exceptional customer service.
- □ I will apologize when I am late.
- □ I will urge colleagues to start on time with those who are there on time.

- I will thank colleagues for showing up on time.
- I will set expectation for ending meetings on time at the beginning of meetings.
- □ I will ask others for help with time keeping.
- □ I will end meetings on time.

We expect leaders to meet deadlines.

Perception-Enhancing Leadership Behaviors

- □ I will agree only to realistic deadlines.
- □ I will manage to meet my deadlines almost all of the time.
- I will give notice to colleagues when I will not meet a deadline and briefly explain the reason why.
- □ I will positively reinforce colleagues who meet their deadlines.

- □ I will hold colleagues accountable when they do not meet their deadlines.
- □ I will publish the performance of those who do and do not meet their deadlines.
- □ I will attach unpleasant consequences to the habitual failure to meet deadlines.

We expect leaders to deliver on commitments.

Perception-Enhancing Leadership Behaviors

- □ I will be cautious about making commitments impulsively.
- □ I will respond, "Let me think about that and get back to you."
- If, after reconsideration, I conclude I should not have made this commitment, I will contact stakeholders, announce my reconsidered position and withdraw earlier rather than later.
- When I will not be able to follow through as promised, I will inform stakeholders as soon as I realize this, apologize and explain the reasons for my failure.

We expect leaders to be passionate learners and teachers.

Perception-Enhancing Leadership Behaviors

- □ I will read continuously.
- □ I will share my learning with my colleagues.
- I will prepare and deliver stimulating presentations.
- □ I will ask colleagues what they are learning.
- □ I will urge colleagues to share their learning with others.
- □ I will remain insatiably curious about everything.
- □ I will back up my opinions with evidence.
- I will ask clarifying questions to encourage learning.

- □ I will challenge everyone's assumptions.
- □ I will create energizing discomfort.
- □ I will focus on beliefs, behaviors and feelings.
- □ I will remain a passionate student of the human brain and the mind it creates and sustains.
- I will be an intense observer of human nature.
- □ I will seek to inspire others to become lifelong learners.

We expect leaders to field best-possible teams.

Perception-Enhancing Leadership Behaviors

- □ I will publicly acknowledge this is my moral obligation as a leader.
- □ I will admit that this is the hardest part of being a leader.
- □ I will admit that I will often fail in the short run while striving to succeed in the long run.
- □ I will manage the human bell curve optimally.

- □ I will continuously extrude netnegative players from the team.
- □ I will lead average people effectively.
- □ I will select team members based on their emotional intelligence.
- I will take the view that if I am not the best-possible team leader, my colleagues should "trade up."

We expect leaders to continuously improve processes.

Perception-Enhancing Leadership Behaviors

- I will understand and regularly explain that good processes are essential to producing and sustaining good results.
- I will explain that current SOMC processes are ideally suited for producing current results; to produce better results we must design and follow better processes.
- □ I will make myself a process expert.

- I will continuously improve my own processes.
- □ I will ask clarifying questions about processes.
- □ I will urge process improvement and personally invest time and energy in those activities.
- □ I will tell stories about the power of improved processes.

We expect leaders to market SOMC.

Perception-Enhancing Leadership Behaviors

- □ I will wear SOMC logo apparel in public.
- □ I will wear my SOMC ID when running errands to and from work.
- □ I will live out SOMC cultural values when off duty.

- □ I will invest in the community.
- □ I will take personal responsibility for customer complaints.
- □ I will engage in credible word-of-mouth marketing with my circle of friends.

We expect leaders to embrace discomfort.

Perception-Enhancing Leadership Behaviors.

- □ I will acknowledge intellectually this is the preferred environment for personal growth.
- □ I will regularly create discomfort for myself.
- □ I will reassure others that discomfort is a good thing.
- □ I will avoid creating paralyzing discomfort.
- □ I will check with colleagues about whether current level of discomfort is optimal.
- □ I will recognize that brains cause discomfort and that different brains cause different levels of discomfort.

- I will admit that behavior that triggers energizing discomfort in some triggers paralyzing discomfort in others.
- I will compliment those who make themselves uncomfortable in the quest for improvement.
- □ I will thank other for "making" them uncomfortable.
- □ I will question leadership myths.
- □ I will challenge destructive discomfort such as temper tantrums.

We expect leaders to be compliant.

Perception-Enhancing Leadership Behaviors.

- $\hfill\square$ I will know the rules and follow them.
- □ I will ask whether there are any compliance issues involved when making decisions.
- □ I will consult compliance experts frequently.
- □ I will encourage others to raise compliance questions.
- I will recall and share past temptations to cut corners.

- □ I will accept the consequence of risking less financial reward by choosing to be compliant.
- □ I will welcome dissent.
- □ I will pay attention to my own and my colleagues' uneasiness.
- □ I will reconsider decisions after reflection.

We expect leaders to embrace the SOMC leadership culture.

Perception-Enhancing Leadership Behaviors.

- □ I will study the culture and become an expert.
- □ I will recognize the culture is aspirational.
- □ I will view the culture as fragile.
- □ I will challenge behaviors inconsistent with the culture.
- □ I will invite feedback about how I am perceived.

- □ I will positively reinforce culturallysustaining behavior.
- □ I will acknowledge my own slips.
- □ I will celebrate the relative rarity of this culture.
- □ I will defend the culture by extruding net-negative people.

Notes

Southern Ohio Medical Center

Very Good things are happening here